



MaineHealth Department of Psychiatry Grand Rounds

December 1, 2026

8:00 am – 9:00 am

IN PERSON with Virtual Option

“Psychiatry Treatment on the Other Side of the World: Experiences from Away”

Presented by:

Christopher Racine, MD

Medical Director, Psychiatric Emergency Services
MaineHealth Behavioral Health
Clinical Assistant Professor, Psychiatry,
Tufts University School of Medicine

At the conclusion of this activity, participants will be able to:

- Recall the location of the Commonwealth of Northern Mariana Islands (Saipan) on a map of the world
- Summarize three challenges in delivering mental health care in a remote location
- Explain the concept of “transnational” identity and how it impacts patient perceptions of mental health care
- Discuss the misuse potential of betel nut and current research regarding treatment options



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